



NARAYANA COLLEGE OF NURSING

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Recognized by Indian Nursing Council and A.P. Nurses & Midwives Council

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.

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REPORT ON SUICIDE PREVENTION-2025

Theme: "Changing the Narrative: Let's Talk About Suicide."

World Suicide Prevention Day 2025 was observed by the **Department of Mental Health Nursing** in collaboration with the **NSS Unit of Narayana College of Nursing** on **10th September 2025** at **T.P. Guduru**. The program was organized with the objective of spreading awareness about suicide prevention and promoting mental health among the community under the theme **"Changing the Narrative: Let's Talk About Suicide."**

As part of this meaningful initiative, **100 students** actively participated in various awareness activities. The event began with a **rally at T.P. Guduru**, where students carried placards and raised slogans emphasizing the importance of mental health, emotional support, and the prevention of suicide. Following this, a **flash mob was performed at T.P. Guduru Government School**, conveying powerful messages on emotional well-being, stress management, and the importance of seeking help during difficult times. Both **government school students** and **college students** actively participated in the event, showing great enthusiasm and awareness toward the cause.

Later, **Dr. Anjani Devi, Head of the Department of Mental Health Nursing**, delivered an inspiring speech highlighting the significance of the day, the importance of breaking the stigma surrounding mental health, and the collective responsibility of society in preventing suicide. **Mrs. S. Suchitra, NSS Program Officer**, also addressed the gathering, speaking about the psychological and social issues that can lead to suicidal tendencies and emphasizing the need for early identification, empathy, and timely intervention.

In addition, a **Slogan Writing Competition** was organized for the **VI semester B.Sc Nursing students** to encourage creative expression and promote awareness through impactful messages. The students actively participated, and **prizes were distributed to the winners** to appreciate their efforts and creativity in spreading the message of hope and resilience.

Anjani Devi
HOD

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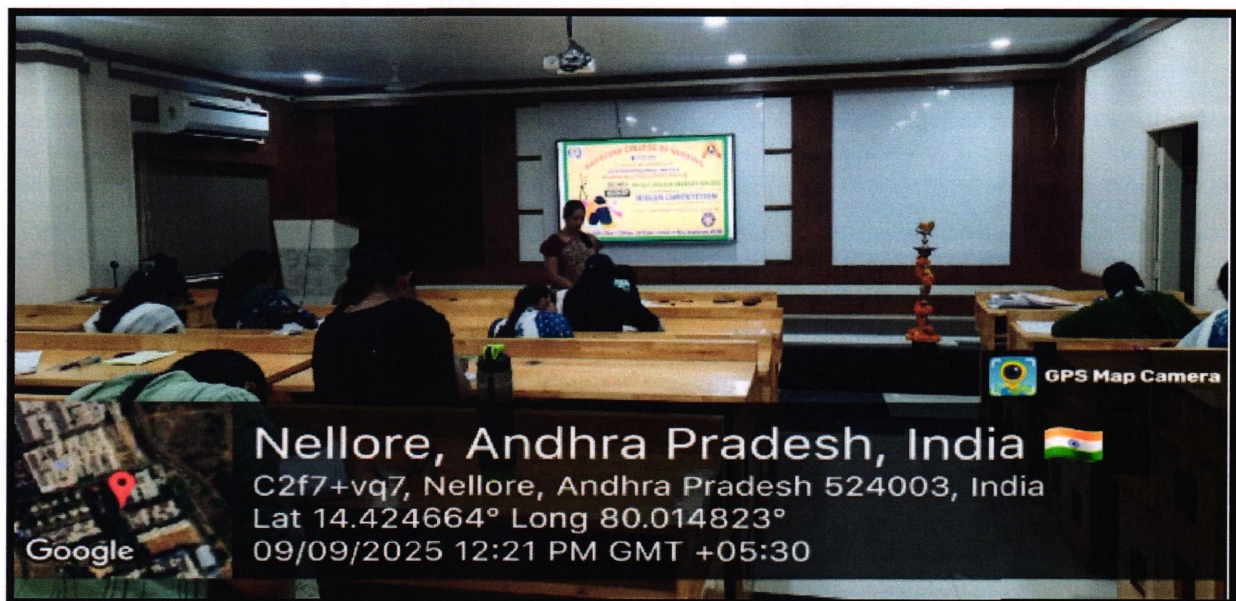
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Furthermore, a **puppet show** was performed by students at the **Government Junior College, T.P. Guduru**, depicting real-life situations, emotional struggles, and preventive strategies related to suicide. The performance received great appreciation from both school and college students for effectively delivering the message in an engaging manner.

The program concluded successfully with the active participation of students, faculty, and the community, reinforcing the theme "**Changing the Narrative: Let's Talk About Suicide.**" The event served as a powerful reminder that open conversations, compassion, and collective awareness are vital tools in preventing suicide and promoting mental well-being.

Photos:



Slogan competition

Suvarit

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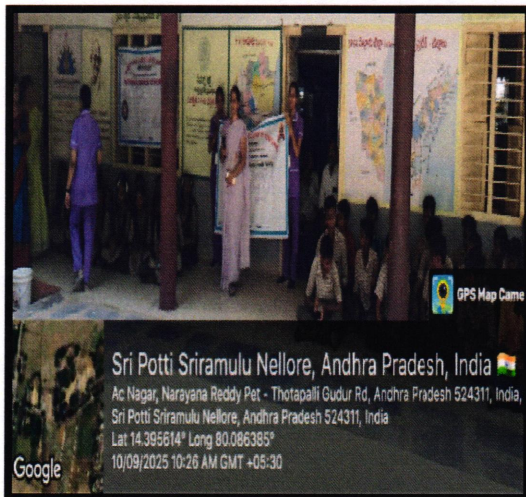
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Rally on World Suicide Prevention Day was conducted at T.P. Guduru to raise awareness about mental health and suicide prevention.



Speech by Mrs. Suchitra



Flash mob by the students

Sumrit

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"Dr. Anjani Devi is introducing the characters in puppet show."



Puppet show performed by the students

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Group gathered at Govt. school



Prize distribution for winners

Signature

Department HoD
HOD

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Signature
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